

Friends For Ten

Choreographed by Alan & Barbera Heighway, Gaye Teather & Nigel Payne

Description: 32 count, 4 wall, beginner/intermediate line dance

Musique: **A Friend In Need** by Dave Sheriff [125 bpm / CD: [Overworked and Underpaid](#)]

Start dancing on lyrics

RIGHT SHUFFLE FORWARD, FORWARD ROCK, SHUFFLE HALF TURN LEFT TWICE

1&2 Chassé forward right, left, right

3-4 Rock left forward, recover to right

5&6 Shuffle half turn left stepping left, right, left (facing 6:00)

7&8 Shuffle half turn left stepping right, left right (facing 12:00)

Steps 5-8 travel backwards and can be replaced with two shuffles back omitting the turns

BACK ROCK, KICK BALL CHANGE TWICE, STOMP FORWARD, HOLD & CLAP

1-2 Rock left back, recover to right

3&4 Left kick ball change

5&6 Left kick ball change

7-8 Stomp forward on left, clap

CHASSE RIGHT, QUARTER TURN LEFT CHASSE, CROSS, SIDE, SAILOR STEP

1&2 Chassé side right, left, right

3&4 Quarter turn left stepping left to left side, step right together, step left to left (facing 9:00)

5-6 Cross right over left, step left to side

7&8 Right sailor step

CROSS, SIDE, BEHIND, POINT, CROSS, HALF TURN RIGHT, STOMP

1-2 Cross left over right, step right to side

3-4 Cross left behind right, touch right to side

5-6 Cross right over left, quarter turn right stepping back on left

7-8 Quarter turn right stepping right to right side, stomp left beside right (facing 3:00)