

Break Up A Band

COPPER KNOB
STEPPED
BY STEPHEN HART

Count: 32

Wall: 4

Level: Improver WCS

Choreographer: Gary Bray - June 2019

Music: Break Up a Band - Sammy Arriaga



Intro: 16 Counts

[01 – 08]: Walk, Walk, Mambo Step, Back, Back, Sailor Step

- 1-2 Step right forward, step left forward
- 3&4 Rock forward on right, recover weight to left, step right back
- 5-6 Step left back, step right back
- 7&8 Step left behind right, step right to right, step left to left

[09 – 16]: Syncopated Weave, Side Rock, ¼ Weave

- 1-2 Cross right over left, step left to left
- 3&4 Step right behind left, step left to left, cross right over left
- 5-6 Rock left to left, recover weight to right
- 7&8 Step left behind right, turn ¼ right step right forward, step left forward

Restart on wall 3 & 6

[17 – 24]: Touch Together, Touch Together, Step Lock Step, Step, Mambo Step

- 1-2 Touch right forward pushing hips to right, step right beside left
- 3-4 Touch left forward pushing hips to left, step left beside right
- 5&6& Step right forward, lock left behind right, step right forward, step left forward
- 7&8 Rock forward on right, recover weight to left, step right back

[25 – 32]: Anchor Step, Anchor Step, ¼ Step, Point, ¾ Run-Around

- 1&2 Rock back on left, recover weight to right, rock back on left
 - 3&4 Rock back on right, recover weight to left, rock back on right
 - 5-6 Turn ¼ left step left to left, point right to right
 - 7& Turn ¼ right step right forward, turn ¼ right step left forward
 - 8& Turn ¼ right step right forward, step left forward
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