

Refund To My Heart

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Choregraphie par : Ria VOS

Description : 64 temps, 4 murs, Intermediaire, Mars 2017

Musique : Love Back (Steve Osborne Remix par Brenna Whitaker)

Intro: 16 Counts

S1: R Step, Kick, Cross, Back, Side, Cross Shuffle, $\frac{1}{4}$ R, $\frac{1}{2}$ R

1-2 Step Fwd on R, Kick L Fwd
&3-4 Cross L Over R, Step Back on R, Step L to L Side
5&6 Cross R Over L, Step L to L Side, Cross R Over L
7-8 $\frac{1}{4}$ Turn R Step Back on L, $\frac{1}{2}$ Turn R Step Fwd on R

S2: Rock Fwd, Ball-Back, Back, Coaster Step, Step Pivot $\frac{1}{2}$ R

1-2 Rock Fwd on L, Recover on R
&3-4 Step on Ball of L Next to R, Step Back on R, Step Back on L
5&6 Step Back on R, Step L Next to R, Step Fwd on R
7-8 Step Fwd on L, Pivot $\frac{1}{2}$ Turn R

S3: L Step, Kick, Cross, Back, Side, Cross Shuffle, $\frac{1}{4}$ L, $\frac{1}{2}$ L

1-2 Step Fwd on L, Kick R Fwd
&3-4 Cross R Over L, Step Back on L, Step R to R Side
5&6 Cross L Over R, Step R to R Side, Cross L Over R
7-8 $\frac{1}{4}$ Turn L Step Back on R, $\frac{1}{2}$ Turn L Step Fwd on L

S4: Rock Fwd, & Rock Fwd, Shuffle Back, Point Back, $\frac{1}{2}$ Turn R

1-2 Rock Fwd on R, Recover on L
&3-4 Step R Next to L, Rock Fwd on L, Recover on R
5&6 Shuffle Back Stepping L-R-L
7-8 Point R Back, $\frac{1}{2}$ Turn R Stepping weight on R

S5: Step Pivot $\frac{1}{4}$ R, Ball-Side, Touch, & Side-Touch, Hold, & Back-Together, Fwd

1-2 Step Fwd on L, Pivot $\frac{1}{4}$ Turn R
&3-4 Step on Ball of L Next to R, Step R to R Side, Touch L Next to R
&5-6 Step L to L Side, Touch R Next to L, Hold
&7-8 Step Back on R, Step L Next to R, Step Fwd on R

S6: Step Pivot $\frac{1}{2}$ R, Shuffle Fwd, Full Turn L, Step Pivot $\frac{1}{4}$ L

1-2 Step Fwd on L, Pivot $\frac{1}{2}$ Turn R
3&4 Shuffle Fwd Stepping L-R-L
5-6 $\frac{1}{2}$ Turn L Step Back on R, $\frac{1}{2}$ Turn L Step Fwd on L
7-8 Step Fwd on R, Pivot $\frac{1}{4}$ Turn L

S7: Cross, Hold, & Behind, Side, Cross, Hold, & $\frac{1}{4}$ R Back, Side, Cross

1-2 Cross R Over L, Hold
&3-4 Step L to L Side, Step R Behind L, Step L to L Side
5-6 Cross R Over L, Hold
&7-8 $\frac{1}{4}$ Turn R Step Back on L, Step R to R Side, Cross L Over R

S8: Point, Cross, Side Rock, Fwd, Step Pivot ½ L Step Fwd, Step Fwd, Spiral Full Turn R

- 1 Point R to R Side
- 2&3 Cross R Over L, Rock L to L Side, Recover on R
- 4 Step Fwd on L
- 5&6 Step Fwd on R, Pivot 1/2 Turn L, Step Fwd on R
- 7-8 Step Fwd on L, Spiral Full Turn R on L Foot

Tag: After wall 2 (6:00)

- 1-2 Step Fwd R, Hold
- 3-4 Step Fwd L, Pivot ½ Turn R
- 5-6 Step Fwd L, Hold
- 7-8 ½ Turn L Step Back on R, ½ Turn L Step Fwd L
- 9-16 Repeat count 1-8

Restarts:-

On wall 3 After count 48 (12:00)

On wall 5 Replace L Touch with Step L Together for count 36 and restart (6:00)

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